PSYCH (Psychology)

PSYCH 1: General Psychology I
- 3 units, Letter, 3 lec, DE
- DA, CSU/UC, LACCD B2, CSUGE D, IGETC 4, C-ID PSY 110
- This course covers a basic introduction to the scientific study of human behavior including emotion, motivation, growth & development, learning & memory, personality, intelligence, sensation, perception, social psychology, biology of behavior, abnormal behavior, and mental health. Relevant areas such as dreams, interpersonal communication, sexuality, aging, death, creativity, multi-cultural diversity, and stress are also presented.

PSYCH 2: Biological Psychology
- 3 units, Letter, 3 lec, DE
- DA, CSU/UC, LACCD A, CSUGE B2, IGETC 5B, C-ID PSY 150
- Prerequisite: PSYCH 001
- This course is a study of the physiological basis of human behavior through an understanding of the structure and function of the sensory receptors, and the central nervous system, the muscular effectors, the glandular effectors, the physiological aspects of motivation, learning, emotion, memory, and other higher brain functions.

PSYCH 3: Personality and Social Development
- 3 units, Letter, 3 lec, DE
- DA, CSU, LACCD E1, CSUGE E
- This course encourages the attainment of more effective behavior through increased understanding of personality dynamics. Basic techniques for recognizing and dealing with emotions and defenses are studied. The student is invited to explore his or her own feelings and experiences in the light of fundamental principles of awareness, clarification, integration, and growth of selfhood.

PSYCH 10: Principles of Psychology
- 3 units, Letter, 3 lec
- DA, CSU/UC, CSUGE D, C-ID PSY 200
- Prerequisite: PSYCH 001 and MATH 227 or STAT 1; Advisory Corequisite: ENGLISH 101
- This course is an introduction to research design and statistical analysis for the behavioral sciences with a focus on the application of the philosophy of science and the scientific method. Students learn to design and conduct research, analyze data using descriptive and inferential statistics, and report results using the American Psychological Association format. The hands-on approach to this course exposes students to the challenges and skills involved in actively participating on a research team while conducting their own independent research projects.

PSYCH 14: Abnormal Psychology
- 3 units, Letter, 3 lec, DE
- DA, CSU/UC, LACCD B2, CSUGE D, IGETC 4
- Prerequisite: PSYCH 1
- This course considers the major diagnostic, etiologic, and treatment issues for a variety of categories of abnormal behavior and psychological disorders. The course examines disorders related to anxiety, stress, mood, schizophrenia, eating, substance abuse, memory and organic dysfunctions, and personality. Social, cultural, legal and ethical issues of psychopathology are included.

PSYCH 15: Adult Development and Aging
- 3 units, Letter, 3 lec, DE
- DA, CSU/UC
- Prerequisite: PSYCH 1
- This course examines the specific age stages of adult development and aging using a biopsychosocial framework. Topics to be covered include social cognition in adulthood, gender role and personality development across the lifespan, adaptive coping, intimacy, and sexual aspects of the ongoing aging process. Critical life issues for elders and for those who live and work with them are explored. These issues include physical health, mental health, health care policy, caregiving, dependency and positive aging strategies.

PSYCH 41: Life-Span Psychology: From Infancy to Old Age
- 3 units, Letter, 3 lec, DE
- DA, CSU/UC, LACCD B2, CSUGE D, IGETC 4, C-ID PSY 180
- Prerequisite: PSYCH 001
- This course presents the psychosocial development of the person from the pre-natal period to old age and death. Emphasis is placed on theories and their application to the behavioral, cognitive, social and biological aspects of human development. Topics covered in this course include physical development, intelligence, personality, self-concept, and social roles, tasks, changes, and adjustments related to each phase of the life-span.

Letter: letter graded; P/NP: pass/no-pass graded; Repeatable: may be repeated; Lec/Lab: hours per week of lecture/lab; TBA: maximum total hours to be arranged; DE: distance education (online and/or hybrid); NC: non-credit; DA/NDA: degree/non-degree applicable; CSU/UC: transferability to the listed institution; LACCD/CSUGE/IGETC: general education area applicable; C-ID: CSU course ID equivalency; Prerequisite: required prerequisite (prior completion with a minimum grade of “C” or “P”); Corequisite: required corequisite (concurrent enrollment)