LOS ANGELES HARBOR COLLEGE PHYSICAL ED, HEALTH & WELLNESS PLANNED OFFERINGS

Course	Crs #	Title	STH	UC/CSU	F11	Fe11	S12	Se12	F12	Fe12	S13	Se13	F13	Fe13	S14	Se14	F14	Fe14	S15	Se15	F15	Fe15	S16	Se16	F16	Fe16	S17	Se17
HEALTH	2	HEALTH AND FITNESS	4	UC/CSU	4	1	4	2	4	2	4	2	4	2	4	2	4	2	4	2	4	2	4	2	4	2	4	2
HEALTH	6	NUTRITION FOR HEALTHFUL LIVING	4	CSU	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
HEALTH	10	HEALTH EDUCATION	2	UC/CSU	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
HEALTH	11	PRINCIPLES OF HEALTHFUL LIVING	3	UC/CSU	10	2	10	2	10	2	10	2	10	2	10	2	10	2	10	2	10	2	10	2	10	2	10	2
HEALTH	12	SAFETY EDUCATION AND FIRST AID	3	UC/CSU	2	1	2	1	2	1	2	1	2	1	2	1	2	1	2	1	2	1	2	1	2	1	2	1
HEALTH	185	DIRECTED STUDY - HEALTH	1	CSU	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
HEALTH	285	DIRECTED STUDY - HEALTH	2	CSU	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
HEALTH	385	DIRECTED STUDY - HEALTH	3	CSU	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
HEALTH	911	COOPERATIVE EDUCATION - HEALTH	1	CSU																								
HEALTH	921	COOPERATIVE EDUCATION - HEALTH	2	CSU																								
HEALTH	931	COOPERATIVE EDUCATION - HEALTH	3	CSU																								
HEALTH	941	COOPERATIVE EDUCATION - HEALTH	4	CSU																								
P.E.	710	OFFICIATING COMPETITIVE SPORTS I	3	UC/CSU	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
P.E.	711	OFFICIATING COMPETITIVE SPORTS II	3	UC/CSU	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
P.E.	712	INTRODUCTION TO PHYSICAL	3	UC/CSU	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0
P.E.	713	INTRODUCTION TO COACHING	3	UC/CSU	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0
P.E.	725	ASPECTS OF SUBSTANCE ABUSE IN	2	CSU	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
P.E.	801	MODERN DANCE I	6	UC/CSU	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
P.E.	802	MODERN DANCE II	6	UC/CSU	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
P.E.	803	MODERN DANCE III	6	UC/CSU	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
P.E.	804	MODERN DANCE IV	6	UC/CSU	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
P.E.	805	BALLET I	4	UC/CSU	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
P.E.	806	BALLET II	4	UC/CSU	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
P.E.	807	BALLET III	4	UC/CSU	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
P.E.	808	BALLET IV	4	UC/CSU	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
P.E.	814	DANCE PRODUCTION I	3	UC/CSU	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
P.E.	711A	PHYS ED MAJOR'S CLASSES -	1.5	UC/CSU	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
P.E.	711B	PHYS ED MAJOR'S CLASSES -	1.5	UC/CSU	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
PHYS ED	97	PHYSICAL EDUCATION - PHYSICAL	3	UC/CSU	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0
PHYS ED	98	PHYSICAL EDUCATION - SCIENTIFIC	2	UC/CSU	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0
PHYS ED	185	DIRECTED STUDY - PHYSICAL	1	CSU	3	0	3	0	3	0	3	0	3	0	3	0	3	0	3	0	3	0	3	0	3	0	3	0
PHYS ED	222	RACQUET BALL SKILLS	2	UC/CSU	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
PHYS ED	225	YOGA SKILLS	2	UC/CSU	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
PHYS ED	228	BODY CONDITIONING	2	UC/CSU	5	0	5	0	5	0	5	0	5	0	5	0	5	0	5	0	5	0	5	0	5	0	5	0
PHYS ED	229	BODY DYNAMICS	2	UC/CSU	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1
PHYS ED	230	WEIGHT TRAINING SKILLS	2	UC/CSU	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0
PHYS ED	238	SELF-DEFENSE SKILLS	2	UC/CSU	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
PHYS ED	259	GOLF SKILLS	2	UC/CSU	2	0	2	0	2	0	2	0	2	0	2	0	2	0	2	0	2	0	2	0	2	0	2	0

Course	Crs #	Title	STH	UC/CSU	F11	Fe11	S12	Se12	F12	Fe12	S13	Se13	F13	Fe13	S14	Se14	F14	Fe14	S15	Se15	F15	Fe15	S16	Se16	F16	Fe16	S17	Se17
PHYS ED	262	TRACK AND FIELD SKILLS	2	UC/CSU	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0
PHYS ED	285	DIRECTED STUDY - PHYSICAL EDUCATION	2	CSU	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
PHYS ED	289	BOWLING SKILLS	2	UC/CSU	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
PHYS ED	298	STRESS REDUCTION AND PHYSICAL EFFICIENCY	3	UC/CSU	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0
PHYS ED	304	BASKETBALL SKILLS	2	UC/CSU	3	0	3	0	3	0	3	0	3	0	3	0	3	0	3	0	3	0	3	0	3	0	3	0
PHYS ED	310	FLAG/TOUCH FOOTBALL SKILLS	2	UC/CSU	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0
PHYS ED	322	VOLLEYBALL SKILLS	2	UC/CSU	2	0	2	0	2	0	2	0	2	0	2	0	2	0	2	0	2	0	2	0	2	0	2	0
PHYS ED	328	SOFTBALL SKILLS	2	UC/CSU	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
PHYS ED	385	DIRECTED STUDY - PHYSICAL EDUCATION	3	CSU	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
PHYS ED	431	MODERN DANCE	2	UC/CSU	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0
PHYS ED	434	BALLET	2	UC/CSU	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
PHYS ED	440	SOCIAL DANCE	2	UC/CSU	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
PHYS ED	502	INTERCOLLEGIATE SPORTS - BADMINTON	10	UC/CSU	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
PHYS ED	503	INTERCOLLEGIATE SPORTS - BATTING	10	UC/CSU	0	0	0	1	0	0	0	1	0	0	0	1	0	0	0	1	0	0	0	1	0	0	0	1
PHYS ED	504	INTERCOLLEGIATE SPORTS - BASKETBALL	10	UC/CSU	0	1	0	0	0	1	0	0	0	1	0	0	0	1	0	0	0	1	0	0	0	1	0	0
PHYS ED	508	INTERCOLLEGIATE SPORTS - FOOTBALL	10	UC/CSU	0	1	0	0	0	1	0	0	0	1	0	0	0	1	0	0	0	1	0	0	0	1	0	0
PHYS ED	511	INTERCOLLEGIATE SPORTS - SOCCER	10	UC/CSU	0	2	0	0	0	2	0	0	0	2	0	0	0	2	0	0	0	2	0	0	0	2	0	0
PHYS ED	512	INTERCOLLEGIATE SPORTS - SOFTBALL	10	UC/CSU	0	0	0	1	0	0	0	1	0	0	0	1	0	0	0	1	0	0	0	1	0	0	0	1
PHYS ED	516	INTERCOLLEGIATE SPORTS - VOLLEYBALL	10	UC/CSU	0	1	0	0	0	1	0	0	0	1	0	0	0	1	0	0	0	1	0	0	0	1	0	0
PHYS ED	550	INTERCOLLEGIATE SPORTS - CHEER/YELL LEADERS/MARCHING	6	UC/CSU	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
PHYS ED	552	ATHLETICS PRE-SEASON CONDITIONING	3	UC/CSU	0	5	0	4	0	5	0	4	0	5	0	4	0	5	0	4	0	5	0	4	0	5	0	4
PHYS ED	553	INTERCOLLEGIATE SPORTS-STRENGTH & FITNESS TRAINING FOR FOOTBALL	3	UC/CSU	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1
PHYS ED	556	INTERCOLL SPORTS-STRENGTH & FITNESS TRAINING FOR BASKETBALL	3	UC/CSU	0	0	0	1	0	0	0	1	0	0	0	1	0	0	0	1	0	0	0	1	0	0	0	1
PHYS ED	557	INTERCOLL SPORTS-STRENGTH AND FITNESS TRAINING FOR BASEBALL	3	UC/CSU	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1
PHYS ED	558	INTERCOLLEGIATE SPORTS-STRENGTH FITNESS TRAINING FOR	3	UC/CSU	0	0	0	2	0	0	0	2	0	0	0	2	0	0	0	2	0	0	0	2	0	0	0	2
PHYS ED	642	ADAPTED FITNESS	3	UC/CSU	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0
PHYS ED	643	ADAPTED STRENGTH TRAINING	3	UC/CSU	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0
PHYS ED	645	ADAPTED AEROBICS	3	UC/CSU	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0
PHYS ED	646	ADAPTED CARDIOVASCULAR FITNESS	3	UC/CSU	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0
PHYS ED	648	ADAPTED EXERCISE FOR BACK DISORDERS	3	UC/CSU	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1
PHYS ED	649	ADAPTED SPORTS AND GAMES	3	UC/CSU	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1
PHYS ED	690	WEIGHT TRAINING	3	UC/CSU	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0
PHYS ED	800	INTRODUCTION TO DANCE AND DANCE HISTORY	3	UC/CSU	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1	0	1
PHYS ED	822	DANCE REHEARSALS AND PERFORMANCES	2	CSU	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
PHYS ED	823	DANCE REHEARSALS AND PERFORMANCES	4	No	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
PHYS ED	824	DANCE REHEARSALS AND PERFORMANCES	6	No	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
PHYS ED	825	DANCE REHEARSALS AND PERFORMANCES	8	No	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
PHYS ED	911	COOPERATIVE EDUCATION - PHYSICAL EDUCATION	1	CSU																								
PHYS ED	921	COOPERATIVE EDUCATION - PHYSICAL EDUCATION	2	CSU																								

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PHYS ED	931	COOPERATIVE EDUCATION - PHYSICAL EDUCATION	3	CSU																								
PHYS ED	941	COOPERATIVE EDUCATION - PHYSICAL EDUCATION	4	CSU																								
PHYS ED	504A	INTERCOLLEGIATE SPORTS - BASKETBALL	7.5	UC/CSU	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
PHYS ED	504B	INTERCOLLEGIATE SPORTS - BASKETBALL	2.5	UC/CSU	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
PHYS ED	550A	INTERCOLLEGIATE SPORTS - CHEERLEADERS/MARCHING	3	CSU	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
PHYS ED	550B	INTERCOLLEGIATE SPORTS - CHEERLEADERS/MARCHING	3	CSU	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0