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## UNIT PLAN “PART A” Program/Pathway Update

**Program/Pathway: Student Health Center**

**Date: November 29, 2012**

**Carole Stevenson-Director**

**Academic Year: 2013-2014**


Our Mission: Los Angeles Harbor College fosters learning through comprehensive programs that meet the educational needs of the community as measured by student success, personal and institutional accountability, and integrity.

1. **Assessment of Program Review: The Student Health Center continues to contribute to the educational aims and matriculation of students by promoting their physical and emotional well being. The Student Health Center provides treatment for common medical problems and diseases, preventive care including immunizations and TB tests, first aid, health counseling , lab tests, physical exams, screenings and referrals. Some basic services are provided under the health fee paid at the time of registration. Other services such as prescription medications, lab test and immunizations are low cost.**

**During this 2012 year, approximately 4110 visits were made to the health center. Of these, 60 percent were females and 40 percent were males.**

**The Student Health Center is able to stay open during summer and winter terms. Ongoing, enrolled students are able to use the Health Center during these times. This is an extremely valuable service for the incoming nursing students who have only a very short time to complete the Health Requirements and PE form due at the beginning of the academic year. Physical exams for employment, sports, nursing, college transfers are also done during the winter and summer sessions. Other students depend on the Student Health Center for renewal of their medications and other health related issues as many of our students are uninsured or underinsured.**

2. **Activates to address program needs: We continually attempt to improve the efficiency of the health center and increase the number of student visits. We provide services to many students who have no insurance, no medication coverage or no easy access to the Health System. Students rely on the Health Center for their medications such as blood pressure pills, anti seizure , and mental health medications. Other students rely on the Health Center for their basic health needs.**

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In our survey from December 2011, 95% to 100% of the participating students agreed that the health center was a caring and professional service where they could come for preventive and health related problems.


The 2012 survey will be conducted from Dec. 3-14<sup>th</sup>, 2012. The same format will be used and the questionnaire will contain all of the questions from 2011. Several questions have been added. The new form will also have a section for the student to state the reason, if any, why their needs were not met. The time the person has to wait to be seen is also included in the 2012 survey.

3. How are your program improvements associated with your SLOs:  
Improvement with our SLO's has been seen in several areas. The SLO #6 "The student received follow up care when needed" has been improved tremendously. We have added some excellent no cost and low cost referral sources for students:
- a. Harbor UCLA Women's Clinic-Pap smears, gyn exams, birth control and HPV vaccine; men are also referred here for STI check up and HPV vaccine.
  - b. Dept. of Psychiatry at Harbor UCLA and San Pedro Mental Health
  - c. Dental- USC and UCLA School of Dentistry
  - d. Torrance Health Dept-Free vaccines
  - e. Global Medical-low cost vaccines
  - f. Dr. Annie Goh-dental
  - g. Dr. Chris Traughber- \$25 office visits

Insurance- Healthy Way LA: Uninsured with chronic diseases.


Metro Bus Passes for free access to transportation for disabled students

4. Staffing requirements: We need a full time medical assistant/office manager. The Health Center operates each semester with a student worker. The number of students and the amount of work necessitates ongoing, consistent staffing.
5. Technological requirements: New computers. Our computers are over 10 years old and they often, usually once a week, require the assistance of IT.

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6. **Facilities requirements: Room dedicated to the use of students who are sick and must lie down. Currently we share our “room with a couch” with Life Skills. The interns have cut back to 2 hours per day which has freed up the room except during these times.**
  
7. **Implementation plan: We need help with dental, and ophthalmic referrals. The cost for these services is quite high. Harbor UCLA and USC will pull teeth in an emergency. The wait for any other dental care can be up to 6 months. Students needing glasses are referred to local vendors such as Wal-Mart where an eye exam is \$58 and glasses start at \$100+. To date, we have found no suitable referral source for these most needed services.  
We charge \$1 for copies and put this \$ in a “fund” to help students who have no bus money, or \$ for food . On occasion, medications are dispensed at no charge. Dr. Chris Traughber, the Medical Director, gives the Health Center thousands of dollars worth or brand name medications to treat conditions such as hypertension, diabetes, etc. when there is no generic drug available.**

**Academic Year: 2013-2014                      Student Health Center   Carole Stevenson-Director**

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**UNIT PLAN "PART B"**  
**Core Personnel/List of Permanent Staff**

**Example**

Assigned Time	Responsibility	Estimated Cost	Funding Source
1	<i>College Nurse Practitioner</i>	\$120,000	<i>Student Health Center Budget</i>


1. **Total FTEF: 1**
2. **Total Hours taught: 0**
3. **Total Hours of release time: 0**
4. **Total Cost for Instructors: 0**
5. **Total Cost for Administrators: 0**
6. **Total Cost of Classified Staff: 0**
7. **Total cost FTEP = Full Time Equivalent Personnel: 1**

Please attach copy of your current Op Plan.

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## UNIT PLAN "PART C" Core Expenses


1. All legally required responsibilities: *Required for health and Safety*
2. *Required by board / State/ Federal/ Accreditation standards( list the minimum requirements here)*
3. *Required by licensing agreement*

Description of activity	Estimated Cost	Justification	Code
Contract for MD	\$35,600	State Law requires MD as Medical Director	Student Health Center Budget

**Narrative justification:** List statutes which require this expenditure.

State law requires a Physician as Medical Director of any out- patient health center. MD license is required for medications, supplies, vaccines and labs.

**Total cost: \$35,600.00**

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**UNIT PLAN “PART D”  
Essential Activities**


**Only place expendable request in this field.**

Division Prioritization	Description of activity	Estimated Cost	Proposed Funding Source	Justification	Code
	Conference UCLA Family Practice Update	\$1000	SHC-Budget	Professional Develop-ment	
	Student Worker	\$15,000	SHC-Budget	Center Support	
	Medical Supplies	\$10,000	SHC-Budget	Necessary to provide care	
	Vaccines	\$20,000	SHC-Budget	Offered service	
	Office Supplies	\$5000	SHC-Budget	Necessary to operate SHC	

Division Prioritization	Description of activity	Estimated Cost	Proposed Funding Source	Justification	Code
	Hire f/t Student Health Asst	\$53,000	SHC-Budget	F/T support	

**Justification Narrative:** How does your activity support the college Educational Master Plan?

The Student Health Center is an important student support program that keeps students safe and healthy to ensure better class attendance and course completion.

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**UNIT PLAN “PART E”  
Non-cost Essential Activities**

List Non-cost activities here

Priority	Description of activity	Justification	Code
	Not applicable		

Priority	Description of activity	Justification	Code
	Not applicable		

**Justification:** How does your activity support the college Educational Master Plan?