

Our Mission: Los Angeles Harbor College fosters learning through comprehensive programs that meet the educational needs of the community as measured by student success, personal and institutional accountability, and integrity

Part “A”

Program/Pathway Update

Program/Pathway: Health and Kinesiology **Date:** December 21, 2013,

The Kinesiology Program at Los Angeles Harbor College is dedicated to the support of the mission statement as presented by the Los Angeles Community College District and the Los Angeles Harbor College.

As one part of a comprehensive, well-balanced educational experience, Kinesiology provides our students the opportunity to enhance their mental and physical abilities through lecture and physical activities, and intercollegiate sports.

Meeting the demand of our multicultural populations the Kinesiology Department offers courses that have the potential to positively touch, steer, and impact students’ lives which will help students achieve knowledge, healthful living skills, critical thinking, and problem solving leadership for future success

Assessment of six year plan from Program Review:

The Kinesiology and Health Department planned a six year course offerings that covers all the courses needed to fulfill requirements for the Kinesiology Transfer Model Degree and the Skills certificate in Physical training. The plan also included the offerings of athletic courses that are mandated for Intercollegiate Athletic Sports for the season the sport is scheduled. Planned course offerings do not change from year to year due to the reduction of offerings during the last two years and also due to the non- prerequisite courses offered. Additional cuts will be implemented for Spring, 2013 which will keep the plan on target regardless of how many courses will be reduced.

What areas of the program need strengthening?

- ✘ Need full-time instructor/head coach
 - The Kinesiology has lost over 18 Full-time instructors in the past 20 years and who have not been replaced, leaving the department with a total of 3 Full-time instructors.
 - Full-time instructors teach only 12.9% of the total course sections offered, while the adjunct faculty teaches 79.1% of the remaining sections.
- ✘ Need of additional classes and sections
 - To full fill the needs for the New Associate of Arts Degree in Kinesiology and the Skills Certificate in Fitness Training.
- ✘ Update equipment
 - Due to constant repair and maintenance to equipment for the safety of the students
- ✘ Increased supplies budget for instructional use
 - Demand for upgrading instructional equipment due to modern technology, requires an increase in budget from \$3,500 to \$10,000.
 -

What are the strengths of the program?

- ✘ Flexible schedule of classes
- ✘ Instructors with up-to-date knowledge of instructional material
- ✘ Dedicated instructors to their student's success
- ✘ Construction of new Athletic fields
- ✘ Unity of the three programs (Adaptive P.E., Kinesiology and Athletics) in providing a positive environment for student success

Summarize program and unit plan modifications necessary for program improvement, including objectives, budgets, and timelines for implementation.

The Unit Plan has been modified and updated to fit the needs of the department. Priorities have been organized, changed, voted on and readdressed for the past three years. The need of additional instructors still tops the list of priorities. The department hired two new instructors, but at the same time two instructors retired which kept the number of Full-time instructors at the same ratio. The objectives of the department have also changed:

- Kinesiology and Health will be the new name for the department by Fall 2013
- Implement the new Skills Certificate in Training, ongoing process.
- Develop Officiating Certificates in kinesiology for all sports, by Fall 2014.
- Reintroduce the entire courses as Kinesiology courses by Fall 2013
- Update all the courses to reflect a four Level course offering by Fall 2014.
- Develop new SLO's for the new kinesiology courses by Fall 2013.
- No budget is needed, All is part of Full -Time instructors obligations.

Activities to address program needs:

- *Implement the objectives developed by the department, transfer all PE courses to kinesiology.
- *Create an online orientation demonstration for the Weight Room class.
- *Introduce Intramural Sports activities in cooperation with the ASO office.
- *Fundraise for equipment maintenance and for additional supplies and activities.
- * Reintroduce the Annual Walk-A-Thon event for Adapted Kinesiology Program.

How are your program improvements associated with your Program SLOs:

The Kinesiology and Health Program SLO's will be redefined and updated to fit the needs of the new Kinesiology and Health Pathway. All of the Kinesiology courses have been Archived ; we are in the process of converting all these courses to Kinesiology, which in turn will require new updated SLO's and new assessments for all.

Student Learning Outcomes (SLOs) Assessment Report

Program Assessment

Program Name: Health and Fitness

Division (if applicable): Kinesiology

Program Contact Person: Barakat, Nabeel

Phone:

Reviewed by: _____ **The Kinesiology department**

Date: Nov. 2010

Attach additional pages as necessary.

Los Angeles Harbor College

Unit Plan Document 2014 – 15 Academic Year

| Institutional SLO Number | Program Student Learning Outcomes | Means of Assessment and Criteria for Success | Summary of Data Collected | Use of Results | Timeline for Program Modification |
|--------------------------|---|---|--|----------------|-----------------------------------|
| 5 | 1. Demonstrate and utilize knowledge about healthy lifestyle, safety and benefits of physical activity. | Assessment will be correlated with the college ISLO #5. | To be collected in Fall 2013 as part of the college-wide ISLO#5 | | |
| 4 | 2. Develop skills working with various multicultural and socioeconomic backgrounds which increase career opportunities. | A survey will be conducted to understand what it takes for students to reach and optimize economic development. | To be collected in Fall 2014 as part of the college-wide ISLO#4 measurement (Health 002, Health 11 and/or PE 97/98) | | |
| 3 | Develop leadership skills and promote their abilities to climb the ladder of success. | Develop learning and instructional test for climbing the ladder of success. | To be collected in Fall 2015 . | | |
| 2 | 4. Develop critical thinking, problem solving and everyday living skills. | A measurable plan for student success supported by student support services. | To be collected in Fall 2016 as part of the college-wide ISLO#2 Critical Thinking measurement. | | |

Student Learning Outcomes

Students who successfully complete a course in Health or Kinesiology shall be able to:

- Develop their critical thinking and increase their abilities to problem solve.
- Increase their knowledge of physical activities and human life span in order to reduce mortality rate.
- Develop a healthful life style which will lead them to healthier and more productive future.
- Develop leadership skills and promote their abilities to climb the latter of success.
- Increase self-confidence, maturity, communication, teamwork as well as knowledge of working with multicultural people, which in turn will reduce risk factors for dysfunctional personality and multiple types of addiction and abuse.

Staffing requirements:

1. Hire Full-time instructor, due to the loss of 18 full-time instructors. The department hired two full-time instructors, one in health and the other in kinesiology. However, the kinesiology Department lost two instructors for retirements. The department is still lacking on the number of instructors needed to develop and offer the many certificates that we wish to make available for our students. This addresses our college goal #1, Learning and Instruction.
2. The Department needs to hire a Women Facility attendant to replace the attendant who passed away five years ago and was not replaced. Title IX issue.
3. The Department has no office assistance to serve the needs of instructors and students.

Technological requirements:

The kinesiology Department is housed in a new facility that is technology friendly and equipped with up to date classroom equipment.

Facilities requirements:

The new Wellness Center is sufficient for the department needs at this time.

Implementation plan:

*Activities will implemented through efforts of Full-Time instructors as part of their obligations as Full – timers, and through Fundraising proposals which will pay for supplies and other activities.

Los Angeles Harbor College

Unit Plan Document 2014 – 15 Academic Year

Part “B”

Core Personnel

List of permanent staff

Unit:

Example

| Assigned Time | Responsibility | Estimated Cost | Funding Source |
|----------------------|-----------------------|-----------------------|-----------------------|
| 0.6 | Division Chair | \$73,404.00 (12 mo) | Program 100 |
| 0.4 | Athletic Director | \$30,884.00 (12 mo) | Program 100 |
| 1.0 | Classroom | \$69050.00 (10 mo) | Program 100 |
| 1.0 | Classroom | \$67220.00 (10 mo) | Program 100 |
| | | | |

| | | | |
|------|------------------------|---------------------|-------------|
| 1.0 | Men Facility Attendant | \$35,477.00 (12 mo) | Program 100 |
| 9.03 | Hourly Instructors | \$389524.00 | Program 100 |
| | | | |

Total FTEF: Three (3) Full-Time Instructors

Total Hours taught: 46 FT

Total Hours of release time: 18 , PE Instructor’s load is 18

Total Cost for Instructors: FT (\$197,448.00)

Total Cost for Administrators: N/A

Total Cost of Classified Staff: \$35,477.00

Total cost FTEP = Full Time Equivalent Personnel: \$ 586,972.00

Please attach copy of your current Op Plan.

Los Angeles Harbor College

Unit Plan Document 2014 – 15 Academic Year

Part “C”

Core Expenses

Unit:

1. All legally required responsibilities: *Required for health and Safety*
2. *Required by board / State/ Federal/ Accreditation standards(list the minimum requirements here)*
3. *Required by licensing agreement*

| Description of activity | Estimated Cost | Justification | Code |
|--|---------------------------------------|----------------------|-------------|
| 1.0 FT Women Facility Attendant (needed) | \$35,000.00 (no hire yet) | Title IX Requirement | HCSS1 |
| 152 hours | \$238,640 | 6000 FTES | HAAA1b |
| FT Instructor / Game Management | 0.6 Instructor 0.4 Game Management | \$75,000.00 | HAAA1b |

Narrative justification: List statutes which require this expenditure.

No Legally required responsibilities or licensing agreements.

*The Adapted Kinesiology Courses must be taught by a qualified certified instructor with special credentials.

* The Full –Time Women Facility attendant is essential to meet Title IX requirements. The college currently has Men Facility Attendant but no WFA to assist the majority of Harbor students which happens to be women.

Total cost: \$273,640

Los Angeles Harbor College

Unit Plan Document 2014 – 15 Academic Year

**Part “D”
Essential Activities**

Unit:

Prioritized list of unit needs required for program continuance or improvement

| <u>Description</u> | <u>Est. Cost</u> |
|----------------------------|------------------|
| 1. Full time Faculty | \$65,000.00 |
| 2. Full Time Classified | \$35,000.00 |
| 3. Supplies for classroom. | \$3,500.00 |

Only place expendable request in this field.

| Division Prioritization | Description of activity | Estimated Cost | Proposed Funding Source | Justification | Code |
|----------------------------|----------------------------|-------------------|-------------------------------|--------------------------|--------|
| FT instructor | Conference attendance | \$65,000.0 | Program 100 | Develop CTE Certificates | HCAA1b |
| FT Classified | Women’s Facility Attendant | \$35,000.0 | Program 100 | Title IX mandate | HCSS4a |
| Instructional materials | Classroom Models | \$5,000.00 | Fundraising by the department | Student success | HCAS6d |
| | | | | | |
| | | | | | |

Justification Narrative: How does your activity support the college Educational Master Plan?

- *A full time instructor is needed to develop new CTE certificates.*
- *A Woman Facility attendant is needed since currently there is a men facility attendant assisting male students. Title IX issue.*
- *The department receives Zero dollars for supplies and instructional materials.*

Los Angeles Harbor College

Unit Plan Document 2014 – 15 Academic Year

Part “E”

Non-cost Essential Activities

Unit:

List Non-cost activities here

| Priority | Description of activity | Justification | Code |
|-----------------|--|---|-------------|
| 1 | Transfer all PE courses to kinesiology | Name and course structure change | HCAA4 |
| 2 | Create online Weight room orientation | More contact hours with students | HCAA2a |
| 3 | Introduce intramural sports | Positive and healthful environment | HCAA7 |
| 4 | Continuously fundraising | Support department needs | HCAS8 |
| 5 | Re –introduce The Annual-Walk-A-Thon | Improves moral and support students with special needs. | HCSS5a6 |
| | | | |

Justification: How does your activity support the college Educational Master Plan?

The college prides itself on Student success. The mission of the college is to foster learning through comprehensive programs that meet the educational needs of the community. Matriculation is critical for our students. Changing Kinesiology to kinesiology and redeveloping all the Kinesiology courses would serve students who transfer to four year universities that offer kinesiology as Majors. Kinesiology / Health positively touch, steer, and impact student’s lives which help students achieve knowledge, healthful living skills, critical thinking, and problem solving leadership for future success.