

HEART ATTACK

- ▶ Anxiety
 - ▶ Breathing Issue
 - ▶ Chest discomfort
 - ▶ Discomfort in other areas of the upper body
 - ▶ Extras: Nauseated, sweating, feeling faint
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- ▶ 1ST AID – A, B, C's
 1. Aspirin
 2. Be calm
 3. Call 911

