

STROKE

▶ THE WARNING SIGNS OF STROKE:

1. Sudden, severe headache with no known cause
2. Sudden confusion, trouble speaking, or understanding
3. Sudden numbness or weakness on one side of the body
4. Sudden trouble walking, dizziness, loss of balance or coordination
5. Sudden trouble seeing in one or both eyes

How do you know if someone's having a stroke? *Think...*

F.A.S.T.



Check their **FACE.**
Has their mouth drooped?

Can they lift both **ARMS?**

What? I don't know what you mean. Could you dsjkgk? Ewngl argn kd thhe.

Is their **SPEECH slurred? Do they understand you?**

TIME is critical.
If you see any of these signs, call 000 now!

Think F.A.S.T. Act FAST! CALL 000

strokefoundation  
Victoria
The Place To Be

For more info call 1800 787 653 or visit strokefoundation.com.au.
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STROKE

- ▶ ASK PERSON TO: **REST**
 - **R**aise upper **E**xtremities (arms)
 - **S**mile
 - **T**ongue
- CALL 911**

