



Mental Health

310-233-4586

The center for mental health, Life Skills Center (LSC), is dedicated to providing counseling and related services to LAHC students. The goal is to enable students to meet the personal, familial, and environmental challenges and pressures which can interfere with the ability to succeed academically and personally.

The LSC is staffed by a licensed clinical psychologist and advance graduate student interns from Masters and Doctoral level psychology programs in the Los Angeles area.

Life Skills Center is located in the Technology Building, room 118. Waiting room is shared with Special Programs and Services. Check in at the reception desk and a Life Skills Center staff will be informed to help you.

Hours of Operation:

Location: Tech 118

Walk in hours:

Monday and Friday 10:00 am to 12:00 noon

Tuesday through Thursdays 11:00 am to 1:00 pm

Crisis Intervention

If a student is suffering from any psychosocial issue, please come to the Student Health Center or go to the Life Skills Center in the bungalows regardless of the time. Crisis hours are available at all times the center is open.

Emergencies and the Life Skill Center is closed: Call 911 or 310-233-4600 (Sheriff on campus)